**Mein Individueller Wochenplan**

**Woche vom \_\_\_\_\_\_\_\_\_\_\_\_ bis \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Meine Ziele für diese Woche sind:**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Zeit** | **Montag** | **Dienstag** | **Mittwoch** | **Donnerstag** | **Freitag** | **Samstag** | **Sonntag** |
| 7-8 |  |  |  |  |  |  |  |
| 8-9 |  |  |  |  |  |  |  |
| 9-10 |  |  |  |  |  |  |  |
| 10-11 |  |  |  |  |  |  |  |
| 11-12 |  |  |  |  |  |  |  |
| 12-13 |  |  |  |  |  |  |  |
| 13-14 |  |  |  |  |  |  |  |
| 14-15 |  |  |  |  |  |  |  |
| 15-16 |  |  |  |  |  |  |  |
| 16-17 |  |  |  |  |  |  |  |
| 17-18 |  |  |  |  |  |  |  |
| 18-19 |  |  |  |  |  |  |  |
| 19-20 |  |  |  |  |  |  |  |
| 20-21 |  |  |  |  |  |  |  |
| 21-22 |  |  |  |  |  |  |  |

**Wie ist die Woche gelaufen? Was muss ich in der nächsten Woche tun?**